



# Emersons Green Primary School Anti-Bullying Policy - for children

## What is bullying?

Bullying is when someone (or a group of people) picks on you, hurts you, calls you names, threatens or says nasty things about you, takes your things and friends away **and keeps on doing it**, making you feel frightened and/or unhappy. If someone is mean to you once or twice, it does not always mean you're being bullied, although you still need to tell a teacher or a trusted adult.

## Who do I speak to about bullying?

You should always tell your class teacher or a trusted adult if you think you are being bullied.

You can also speak to Mr Hemmings or Mrs Young about this.

Please tell us straight away—don't let it go on for ages!

## What does the school do about bullying?

If you tell us you are being bullied, there are some things we need to do:

- Talk to your parents about it
- Make sure your class teacher knows what is happening
- Check that you are safe and happy in school
- Talk to you, to ask what you would like us to do
- If we need to, we will talk to the children who have upset you to make sure the bullying stops, or make sure they do not upset you again.

## Your feelings are important

At Emersons Green Primary School, we believe that when someone says they are being bullied, we need to make sure that person is ok.

It is important for children to feel safe when they come to school and not to feel nervous or scared about being bullied.

Sometimes people being bullied just need someone to talk to - to help them feel better. Adults in school are always there to talk if you need us.

## Bullying outside of school

We normally help you with problems that happen inside school. However, if a child has upset you outside of school, this can still affect how you feel in school. Please let us know, so we can help.

## How does the school teach us about bullying?

We will talk to you about bullying during assembly, in class lessons, with School Council and during anti-bullying week.

Make sure you learn what bullying is and what you can do about it.

**Remember:** If you think you are being bullied, or someone is being mean to you, we want to know about it!